

SCHOONER COVE, Damariscotta, ME.

From Camden & points north:

Approximately 29 miles

Driving time approximately 40 minutes

U.S. Route One south to Rockport
Right onto Route 90 west through Warren to U.S. Route One south
Right onto Route One south to Business Route One, Damariscotta
Left onto Business Route One, Damariscotta to Route 129/130
Left onto Route 129/130 to the Miles Health Care Campus (.4 mile on the right)

From Portland & points south:

Approximately 55 miles

Driving time approximately 1 hour

Interstate 295 north to Brunswick, onto U.S. Route One north
U.S. Route One north to Business Route One, Damariscotta
Right onto Business Route One, to Route 129/130
Right onto Route 129/130 to the Miles Health Care Campus (.4 mile on the right)

From Augusta & points west:

Approximately 30 miles

Driving time approximately 45 Minutes

Route 27 to U.S. Route One north
Left onto U.S. Route One north to Business Route One, Damariscotta
Right onto Business Route One, Damariscotta to Route 129/130
Right onto Route 129 /130 south to the Miles Health Care Campus (.4 mile on the right)

From Auburn & points west:

Approximately 46 miles

Driving time approximately 1 hour

U.S. Route 202 east to Lewiston
Route 196 southeast to Brunswick to U.S. Route One north
U.S. Route One north to Business Route One, Damariscotta
Right onto Business Route One, Damariscotta to Route 129/130
Right onto Route 129/130 to the Miles Health Care Campus (.4 mile on the right)